

"What I hear I forget, what I see I remember, what I do I understand."

- Xunzi (340-245 BC



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## ABOUT US

Eagle Adventure is an Experiential Education Institution
based in Lantau Island. Hong Kong SAR China.
We utilize experience based adventure programs to
promote learning, growth, and development for the
children and youth. We offer a safe environment and
competent staff to encourage this growth.

We believe challenge and support going hand-in-hand with reflection will bring out the best of the learner. thereby exhibiting her/his potentials. At Eagle Adventure, various learning opportunities such as outdoor activities, adventure pursuits, environmental stewardship, service learning, cultural awareness and sensitivity, games and initiatives, and more provides the learners an avenue to personal mastery, leadership, compassion for others and the environment.

Life is an Adventure - we adhere to such thought. Eagle
Adventure engages and captivates our learners to
achieve more in life through seeking more of
themselves, others, and the environment with the
adventure essence.

## **OUR VALUES**

### Respect

The ability to show tolerance, to understand individual differences and to have empathy; the respect for oneself, others, and the environment.

#### Responsibility

Integral part of growing, without such growth is not possible.

#### Resiliency

To build outer and inner strength, to get through and over the hardships; navigating through difficult situations and moving into positive action. environment is typically owned and managed by a hosting company.



- Confidence and self-esteem
- Social skills and making friends
- Independence and leadership qualities
- Willingness to try and adventurousness
- Spiritual growth

**EAGLE ADVENTURES** 

## OUTDOOR ADVENTURE SUMMARY

Kayaking

**Raft Building** 

**Dragon Boating** 

Gorging





**Abseiling** 

Climbing

**Biking** 

Backpacking



#### **Trail Hiking**

#### **Adventure Race**

#### Orienteering







#### **Challenge Ropes Course**



#### **Outdoor Living Skills**











SERVICE LEARNING

PROGRAM
ADVENTURE BASED
LEARNING AND
INITIATIVES





SOLO - SILENCE AND SOLIUDE

ADVENTURE INSIDE THE CLASSROOM

EXPEDITIONARY LEARNING

ENVIRONMENTAL

# EDUCATION

Study nature, Love nature, Stay close to nature. It will never fail you - Frank Lloyd Wright















Tai O Fish Village Guided Tour

Fisherman Experience

Shaolin Wushu Learning

**DIY Salty Egg** 

**DIY Fish Net** 

**DIY Salty Fish** 

Community Project

















HONG KONG SHAOLIN WU SHU CENTER LOCATION:

TAI O, LANTAU ISLAND HONG KONG SAR CHINA HIGHLIGHTS:

SHAOLIN MARTIAL ARTS TRAINING, CULTURAL HERITAGE APPRECIATION, CAMPING, DRAGON BOATING, KAYAKING, BIKING, GORGING, ORIENTEERING, TRAIL HIKING, ORGANIC FARMING, ENVIRONMENTAL EDUCATION TIDBITS:

THE COMPREHENSIVE FACILITIES AT THE CENTER INCLUDE A LARGE OUTDOOR TRAINING GROUND THAT CAN HOST OVER 100 PEOPLE IN PRACTICE AND CAN BE CONVERTED INTO A CAMPING GROUND. THERE ARE 5 SEPARATE HOSTEL ROOMS THAT CAN ACCOMMODATE A TOTAL OF 64 PEOPLE, EACH ROOM WITH PRIVATE BATHROOMS, A CANTEEN, AND AN INDOOR TRAINING HALL. THERE ARE ALSO TEN FAMILY HOSTEL ROOMS EACH EQUIPPED WITH PRIVATE BATHROOMS, AND A TEA HOUSE.

MOREOVER, THE CENTER IS BLENDED WITH THE NATURAL SCENIC BEAUTY AND HERITAGE OF THE TAI O LANDSCAPE, WHICH SERVES AS AN EXCELLENT VENUE FOR VARIOUS KINDS OF OUTDOOR, ADVENTURE, ENVIRONMENTAL AND CULTURAL ACTIVITIES. EA IS PROUD TO HAVE TAI O AS OUR BASE WHERE PEOPLE, NATURE AND CULTURE WEAVE IN.







YANGSHUO, GUANGXI CHINA HIGHLIGHTS:

ROCK CLIMBING, CAVING, ABSEILING, KAYAKING, BIKING, CULTURAL HERITAGE
APPRECIATION
TIDBITS:

YANGSHOU IS FAMOUS FOR ITS LAIDBACK AND TOURIST FRIENDLY ENVIRONMENT WHERE KARST SCENERY AND LIMESTONE IS ABUNDANT FOR ROCK CLIMBING, CAVING, ABSEILING, AND OTHER ADVENTURE PURSUITS SUCH AS KAYAKING, AND BIKING.



#### LOCATION: HONG KONG SHAOLIN WU SHU CENTER, TAI O, LANTAU ISLAND HONG KONG SAR CHINA





FIRST DAY:

BUS FROM SCHOOL TO TAI O WELCOME/INTRODUCTION/SAFETY BRIEFING ICE BREAKERS SHAOLIN MARTIAL ARTS TRAINING

LUNCH (VEGETARIAN OPTION)

ADVENTURE RACE END OF THE DAY DEBRIEFING OVERNIGHT CAMPING/HOSTEL ROOMS

SECOND DAY:

Water Activities: Kayaking/ Dragon Boating Bus from Tai O back to School

3DAY CAMP







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